



Coast Guard Course List

(Alphabetical)

(last updated 1/26/26)

Course links open to enrollment page in KIT Academy.

Learner must be signed-in

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[Co-regulation Begins at Birth: Supporting Infants' Emotional Development](#)

[Debunking the Myths of Inclusion \(2025\)](#)

[Does Punishment Change Behavior?](#)

[Emotional Literacy for Infants and Toddlers](#)

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[Empowering Caregivers: Leadership Strategies for Wellbeing](#)

[Foundations of Inclusion eSeries Course 1: The Value of Disability Inclusion - Formerly Introduction to Inclusion](#)

[Foundations of Inclusion eSeries Course 2: Respectful Accommodations](#)

[Foundations of Inclusion eSeries Course 3: Viewing Behavior as Communication - Formerly Supporting Positive Behavior](#)

[Foundations of Inclusion eSeries Course 4: Partnering with Families](#)

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[Guidance for Unsafe Situations](#)

[Guidance for Unsafe Situations: Fast-Track Refresher](#)

[Infant/Toddler Series: Activities that Support Social-Emotional Development](#)

[Interaction Series: Connecting with Your Co-Workers](#)

[KIT 101](#)

[KIT Academy Instruction Course for 'Manager Permissions'](#)

[Leadership Series: Building a Support Network](#)

[Leadership Series: Leveraging Your Resources](#)

[Leadership Series: Strengthening Relationships with and Among Staff](#)

[Leading Through Learning: Applying Adult Learning Principles](#)

[Mental Health Series: Checking on Yourself and Tapping into Motivation](#)

[Mental Health Series: Proactive Connection Practices](#)

[Mental Health Series: Space for Wellbeing](#)

[Mental Health Series: Supporting Children and Youth to Meet Expectations](#)

[Mental Health Series: The Current State of Child Mental Health](#)

[Moving Beyond "Use Your Words:" Supporting Expressive & Receptive Communication](#)

[Partnering with Families Around Normative Sexual Development](#)

[Planning for Sensory Differences](#)

[Planning with Purpose: Giving Children a Voice](#)

[Preventing Power Struggles in School-Age Group Settings](#)

[Programming for Social-Emotional Well-Being](#)

[Realistic Expectations Series: Supporting 3rd to 5th Graders to Succeed](#)

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[Realistic Expectations Series: Supporting Preschoolers to Succeed](#)

[Realistic Expectations Series: Supporting Toddlers to Succeed](#)

[Reimagining Play](#)

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[Self-Regulation Series: Staying Grounded – Risk & Rewards for Middle Schoolers and Teens](#)

[Self-Regulation Series: Staying Grounded - Teaching Self-Regulation in Early Childhood Classrooms](#)

[Sensory Supports and Calming Spaces](#)

[Shared Responsibility of Inclusion: Everyone Plays a Part](#)

[Strategies for Managing Self-Harm Behaviors](#)

[Strategies to Prevent and Manage Elopement](#)

[Strategies for Supporting Children and Youth who are Nonverbal](#)

[Structuring Transitions to Support Learning](#)

[Supporting Inclusion in Summer Programs](#)

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[Talking with Staff about Normative Sexual Behavior: Early Childhood & School-Age](#)

[Talking with Staff about Normative Sexual Behavior: PreTeens & Teens](#)

[Three C's for Co-Regulation in Toddlers: Calm, Consistent, Coaching](#)

[Training & Curriculum Specialists' Guide to Coaching](#)

[Understanding Common Speech and Language Disorders](#)

[Unpacking Behavior: Is it expected, challenging, concerning or unsafe?](#)

[Using Playful Engagement to Enhance Social-Emotional Skills](#)

[What's that you say? Speech Language and Communication Basics](#)

[Why Won't They Listen? Understanding and Responding to Refusal in Early Childhood](#)

Downloadable Resources

[5 Questions to Ask Families \(Resource Download\)](#)

[5 Questions to Ask Families In Action \(Video Resource\)](#)

[5 Questions to Ask Team Members \(Resource Download\)](#)

[Attention Getters \(Resource Download\)](#)

[Behavior as Communication \(Video Resource\)](#)

[Building Strong Teams \(Resource Download\)](#)

[Burnout Series: 5 Phases of Burnout \(Video Resource\)](#)

[Burnout Series: Avoiding Burnout \(Video Resource\)](#)

[Burnout Series: Causes of Burnout \(Video Resource\)](#)

[Calming Tools \(Resource Download\)](#)

[Case-by-Case Checklist \(Resource Download\)](#)

[Case-by-Case Checklist How-To \(Video Resource\)](#)

[Caught Being Great \(Resource Download\)](#)

[Circle Time Brain Science Tip Sheet \(Resource Download\)](#)

[Coaching for Implementation \(Resource Download\)](#)

[Communicating Your Commitment to Inclusion \(Resource Download\)](#)

[Contributing Factors Assessment \(Resource Download\)](#)

[Contributing Factors Assessment How To \(Video Resource\)](#)

[Conversations with Families \(Resource Download\)](#)

[Creating a Simple Behavior Plan \(Resource Download\)](#)

[Crucial Conversations: Check, Call, Care \(Resource Download\)](#)

[Cultivate Respectful Disability Awareness \(Resource Download\)](#)

[De-escalating Unsafe Behaviors \(Resource Download\)](#)

[Disability Accommodations \(Resource Download\)](#)

[Easing Transitions \(Resource Download\)](#)

[Effective Calming Spaces \(Resource Download\)](#)

[Engaging All Learners \(Resource Download\)](#)

[Engaging Children and Youth in the Planning Process Tip Sheet \(Resource Download\)](#)

[Exploring Expectations \(Resource Download\)](#)

[Facilitating Group Training Using KIT Academy \(Resource Download\)](#)

[Fostering Positive Behavior \(Resource Download\)](#)

[Gathering Information from Families \(Resource Download\)](#)

[Getting Buy-In from Families \(Resource Download\)](#)

[Getting the Most from Your Visual Schedule \(Resource Download\)](#)

[A Guide to Common Behaviors: What to Expect in Group Care \(Resource Download\)](#)

[Guiding Teens in Repairing Relationships Tip Sheet \(Resource Download\)](#)

[How to Build Resilience in Children and Youth \(Video Resource\)](#)

[Implementing Support Strategies \(Resource Download\)](#)

[Inclusion Checklist \(Resource Download\)](#)

[Inclusive Program Goals \(Resource Download\)](#)

[Infant Sensory Activities \(Video Resource\)](#)

[KIT Academy Coast Guard Manager's Permission Guide \(Resource Download\)](#)

[Lista Enumerada de Inclusion para Programas \(Resource Download\)](#)

[Managing Group Transitions \(Resource Download\)](#)

[Mental Health Basics \(Resource Download\)](#)

[Modeling Tip Sheet - Direct Staff Version \(Resource Download\)](#)

[Modeling Tip Sheet - Leadership Version \(Resource Download\)](#)

[Multi-Sensory Stories \(Video Resource\)](#)

[Preschool Conflict Resolution Guide and Tools \(Resource Download\)](#)

[Preventing Power Struggles in School-Age Group Settings \(Resource Download\)](#)

[Recolectando Informacion para Familias \(Resource Download\)](#)

[Reflect, Connect and Redirect \(Resource Download\)](#)

[Sample Behavior Plan \(Resource Download\)](#)

[Scripted Stories \(Video Resource\)](#)

[Sensory Paths \(Resource Download\)](#)

[Sensory Supports \(Resource Download\)](#)

[Setting the Stage for Friendships \(Resource Download\)](#)

[Simple Signs \(Resource Download\)](#)

[Spaces to Meet Sensory Needs \(Resource Download\)](#)

[Strength-Based Approach to Needs \(Resource Download\)](#)

[Supporting Children Who Are Non-Verbal \(Resource Download\)](#)

[Supporting Individuals with Autism Spectrum & Social Communication Disorders \(Resource Download\)](#)

[Supporting Toddler Emotional Development \(Resource Download\)](#)

[Talking About Normative Sexual Behavior \(Resource Download\)](#)

[The Five Stages of Naptime Transition \(Resource Download\)](#)

[Top Tips for Inclusive Programs \(Resource Download\)](#)

[Training Needs Guided Reflection \(Resource Download\)](#)

[Transition Activities for Every Age \(Resource Download\)](#)

[Transitions Songs \(Video Resource\)](#)

[Types of Behavior Tip Sheet \(Resource Download\)](#)

[Understanding the KIT Support Pyramid \(Resource Download\)](#)

[Using First-Then Supports \(Resource Download\)](#)

[Visual Supports \(Resource Download\)](#)