

## **Coast Guard Course List**

(Alphabetical)

(last updated 10/14/25)

Course links open to enrollment page in KIT Academy.

Learner must be signed-in

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## Courses

3 Tips to Improve Conversations with Families

<u>Accommodations: Reasonable or Fundamentally Altering?</u>

Attention and Emotion in Motion: Supporting Young Children with ADHD

Autism Supports - I Have the Will, Help Me with My Skill

<u>Autism Supports - Let's Flex: Creating Space for Flexibility</u>

<u>Autism Supports - Say What I Feel: Linking Words to Body Signals</u>

Behavior Conversations: Can One Strategy Impact Many?

Behavior Conversations: Why is the Why Important?

Biting: The Developmental Stage

Caregiver's Journey- Navigating Wellbeing with Leadership Support

**Celebrating Differences** 

Collaborating as a Leadership Team

Connect and Redirect: A Strategy to Support Behavior

Co-regulation Begins at Birth: Supporting Infants' Emotional Development

<u>Debunking the Myths of Inclusion (2025)</u>

**Does Punishment Change Behavior?** 

**Emotional Literacy for Infants and Toddlers** 

**Emotional Literacy for Preschoolers** 

Emotional Literacy in School Age and Youth Programs

**Empowering Caregivers: Leadership Strategies for Wellbeing** 

Foundations of Inclusion eSeries Course 1: The Value of Disability Inclusion -

Formerly Introduction to Inclusion

<u>Foundations of Inclusion eSeries Course 2: Respectful Accommodations</u>

<u>Foundations of Inclusion eSeries Course 3: Viewing Behavior as Communication -</u> <u>Formerly Supporting Positive Behavior</u>

Foundations of Inclusion eSeries Course 4: Partnering with Families

From Chaos to Calm: Real Tools for Co-Regulating with Preschoolers

**Guidance for Unsafe Situations** 

**Guidance for Unsafe Situations: Fast-Track Refresher** 

Infant/Toddler Series: Activities that Support Social-Emotional Development

<u>Infant/Toddler Series: Behavior and Emotions in the Toddler Years</u>

Infant/Toddler Series: Harnessing the Power of Reflection

<u>Infant/Toddler Series: Language and Processing in the Toddler Years</u>

Infant/Toddler Series: Laying the Foundation for Social-Emotional Development

<u>Infant/Toddler Series: Rock-a-Bye Baby – Comforting Infants throughout the Day</u>

Infant/Toddler Series: Safe Ways to Meet the Need to Climb

<u>Interaction Series: Connecting with Your Co-Workers</u>

KIT 101

KIT Academy Instruction Course for 'Manager Permissions'

Leadership Series: Building a Support Network

<u>Leadership Series: Leveraging Your Resources</u>

Leadership Series: Strengthening Relationships with and Among Staff

Mental Health Series: Checking on Yourself and Tapping into Motivation

Mental Health Series: Proactive Connection Practices

Mental Health Series: Space for Wellbeing

Mental Health Series: Supporting Children and Youth to Meet Expectations

Mental Health Series: The Current State of Child Mental Health

Moving Beyond "Use Your Words:" Supporting Expressive & Receptive Communication

Planning for Sensory Differences

Planning with Purpose: Giving Children a Voice

<u>Preschool Series: The Naptime Transition</u>

**Programming for Social-Emotional Well-Being** 

Ready, Set, Summer On Demand Series

Realistic Expectations Series: Supporting 3rd to 5th Graders to Succeed

Realistic Expectations Series: Supporting Kinders – 2nd Graders to Succeed

Realistic Expectations Series: Supporting Preschoolers to Succeed

Realistic Expectations Series: Supporting Toddlers to Succeed

Reimagining Play

Reinforcement Realities: Identify & Apply

Relationship-Based Behavior Support

Repairing Relationships After Harm Part 1

Repairing Relationships with Families – The Leadership Perspective

<u>Repairing Relationships with Families – The Staff Perspective</u>

Responding to Persistent Unsafe Behavior

<u>Self-Regulation Series: Staying Grounded - Overview of Self-Regulation</u>

<u>Self-Regulation Series: Staying Grounded - Refueling for Improved Self-Regulation in School Age Care</u>

<u>Self-Regulation Series: Staying Grounded – Risk & Rewards for Middle Schoolers</u> <u>and Teens</u>

<u>Self-Regulation Series: Staying Grounded - Teaching Self-Regulation in Early</u> Childhood Classrooms <u>Strategies for Managing Self-Harm Behaviors</u>

Strategies to Prevent and Manage Elopement

Strategies for Supporting Children and Youth who are Nonverbal

**Structuring Transitions to Support Learning** 

<u>Supporting Inclusion in Summer Programs</u>

**System of Care** 

Talking with Staff about Normative Sexual Behavior: Early Childhood & School-Age

Talking with Staff about Normative Sexual Behavior: PreTeens & Teens

Three C's for Co-Regulation in Toddlers: Calm, Consistent, Coaching

<u>Understanding Common Speech and Language Disorders</u>

<u>Unpacking Behavior: Is it expected, challenging, concerning or unsafe?</u>

<u>Using Playful Engagement to Enhance Social-Emotional Skills</u>

Training & Curriculum Specialists' Guide to Coaching

What's that you say? Speech Language and Communication Basics

## Downloadable Resources

5 Questions to Ask Families (Resource Download)

5 Questions to Ask Families In Action (Video Resource)

Attention Getters (Resource Download)

Behavior as Communication (Video Resource)

**Building Strong Teams (Resource Download)** 

<u>Burnout Series: 5 Phases of Burnout (Video Resource)</u>

<u>Burnout Series: Avoiding Burnout (Video Resource)</u>

<u>Burnout Series: Causes of Burnout (Video Resource)</u>

<u>Calming Tools (Resource Download)</u>

Case-by-Case Checklist (Resource Download)

<u>Case-by-Case Checklist How-To (Video Resource)</u>

**Caught Being Great (Resource Download)** 

Coaching for Implementation (Resource Download)

**Contributing Factors Assessment (Resource Download)** 

Contributing Factors Assessment How To (Video Resource)

Conversations with Families (Resource Download)

Conversations with Families Video (Video Resource)

<u>Creating a Simple Behavior Plan (Resource Download)</u>

<u>Crucial Conversations: Check, Call, Care (Resource Download)</u>

<u>Cultivate Respectful Disability Awareness (Resource Download)</u>

De-escalating Unsafe Behaviors (Resource Download)

Disability Accommodations (Resource Download)

Easing Transitions (Resource Download)

**Effective Calming Spaces (Resource Download)** 

**Engaging All Learners (Resource Download)** 

**Exploring Expectations (Resource Download)** 

**Gathering Information from Families (Resource Download)** 

Getting Buy-In from Families (Resource Download)

Getting the Most from Your Visual Schedule (Resource Download)

A Guide to Common Behaviors: What to Expect in Group Care (Resource Download)

How to Build Resilience in Children and Youth (Video Resource)

How to Communicate Effectively with Parents (Video Resource)

Inclusion Checklist (Resource Download)

<u>Infant Sensory Activities (Video Resource)</u>

KIT Academy Coast Guard Manager's Permission Guide (Resource Download)

<u>Lista Enumerada de Inclusion para Programas (Resource Download)</u>

Managing Group Transitions (Resource Download)

Mental Health Basics (Resource Download)

Multi-Sensory Stories (Video Resource)

Preschool Conflict Resolution Guide and Tools (Resource Download)

Recolectando Informacion para Familias (Resource Download)

Reflect, Connect and Redirect (Resource Download)

Sample Behavior Plan (Resource Download)

**Scripted Stories (Video Resource)** 

Sensory Paths (Resource Download)

Sensory Supports (Resource Download)

Setting the Stage for Friendships (Resource Download)

Simple Signs (Resource Download)

<u>Spaces to Meet Sensory Needs (Resource Download)</u>

Strength-Based Approach to Needs (Resource Download)

Supporting Children Who Are Non-Verbal (Resource Download)

<u>Supporting Individuals with Autism Spectrum & Social Communication Disorders</u>
(<u>Resource Download</u>)

Supporting Toddler Emotional Development (Resource Download)

Talking About Normative Sexual Behavior (Resource Download)

The Five Stages of Naptime Transition (Resource Download)

<u>Transition Activities for Every Age (Resource Download)</u>

<u>Transitions Songs (Video Resource)</u>

Types of Behavior Tip Sheet (Resource Download)

<u>Understanding the KIT Support Pyramid (Resource Download)</u>

<u>Using First-Then Supports (Resource Download)</u>

<u>Visual Supports (Resource Download)</u>