



**kit ACADEMY**

## **Coast Guard Course List**

(Alphabetical)

(last updated 8/6/25)

Course links open to enrollment page in KIT Academy.

Learner must be signed-in

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[Autism Supports - Say What I Feel: Linking Words to Body Signals](#)

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[Emotional Literacy for Infants and Toddlers](#)

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[Foundations of Inclusion eSeries Course 1: The Value of Disability Inclusion -  
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[Foundations of Inclusion eSeries Course 3: Viewing Behavior as Communication - Formerly Supporting Positive Behavior](#)

[Foundations of Inclusion eSeries Course 4: Partnering with Families](#)

[From Chaos to Calm: Real Tools for Co-Regulating with Preschoolers](#)

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[Infant/Toddler Series: Activities that Support Social-Emotional Development](#)

[Infant/Toddler Series: Behavior and Emotions in the Toddler Years](#)

[Infant/Toddler Series: Harnessing the Power of Reflection](#)

[Infant/Toddler Series: Language and Processing in the Toddler Years](#)

[Infant/Toddler Series: Laying the Foundation for Social-Emotional Development](#)

[Infant/Toddler Series: Rock-a-Bye Baby – Comforting Infants throughout the Day](#)

[Infant/Toddler Series: Safe Ways to Meet the Need to Climb](#)

[Interaction Series: Connecting with Your Co-Workers](#)

[KIT 101](#)

[KIT Academy Instruction Course for 'Manager Permissions'](#)

[Leadership Series: Building a Support Network](#)

[Leadership Series: Leveraging Your Resources](#)

[Leadership Series: Strengthening Relationships with and Among Staff](#)

[Mental Health Series: Checking on Yourself and Tapping into Motivation](#)

[Mental Health Series: Proactive Connection Practices](#)

[Mental Health Series: Space for Wellbeing](#)

[Mental Health Series: Supporting Children and Youth to Meet Expectations](#)

[Mental Health Series: The Current State of Child Mental Health](#)

[Moving Beyond "Use Your Words:" Supporting Expressive & Receptive Communication](#)

[Planning for Sensory Differences](#)

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[Self-Regulation Series: Staying Grounded - Overview of Self-Regulation](#)

[Self-Regulation Series: Staying Grounded - Refueling for Improved Self-Regulation in School Age Care](#)

[Self-Regulation Series: Staying Grounded – Risk & Rewards for Middle Schoolers and Teens](#)

[Self-Regulation Series: Staying Grounded - Teaching Self-Regulation in Early Childhood Classrooms](#)

[Strategies for Managing Self-Harm Behaviors](#)

[Strategies to Prevent and Manage Elopement](#)

[Strategies for Supporting Children and Youth who are Nonverbal](#)

[Structuring Transitions to Support Learning](#)

[Supporting Inclusion in Summer Programs](#)

[System of Care](#)

[Talking with Staff about Normative Sexual Behavior: Early Childhood & School-Age](#)

[Talking with Staff about Normative Sexual Behavior: PreTeens & Teens](#)

[Three C's for Co-Regulation in Toddlers: Calm, Consistent, Coaching](#)

[Understanding Common Speech and Language Disorders](#)

[Unpacking Behavior: Is it expected, challenging, concerning or unsafe?](#)

[Using Playful Engagement to Enhance Social-Emotional Skills](#)

[Training & Curriculum Specialists' Guide to Coaching](#)

[What's that you say? Speech Language and Communication Basics](#)

## Downloadable Resources

[5 Questions to Ask Families \(Resource Download\)](#)

[5 Questions to Ask Families In Action \(Video Resource\)](#)

[Attention Getters \(Resource Download\)](#)

[Behavior as Communication \(Video Resource\)](#)

[Building Strong Teams \(Resource Download\)](#)

[Burnout Series: 5 Phases of Burnout \(Video Resource\)](#)

[Burnout Series: Avoiding Burnout \(Video Resource\)](#)

[Burnout Series: Causes of Burnout \(Video Resource\)](#)

[Calming Tools \(Resource Download\)](#)

[Case-by-Case Checklist \(Resource Download\)](#)

[Case-by-Case Checklist How-To \(Video Resource\)](#)

[Caught Being Great \(Resource Download\)](#)

[Coaching for Implementation \(Resource Download\)](#)

[Contributing Factors Assessment \(Resource Download\)](#)

[Contributing Factors Assessment How To \(Video Resource\)](#)

[Conversations with Families \(Resource Download\)](#)

[Conversations with Families Video \(Video Resource\)](#)

[Cultivate Respectful Disability Awareness \(Resource Download\)](#)

[De-escalating Unsafe Behaviors \(Resource Download\)](#)

[Disability Accommodations \(Resource Download\)](#)

[Easing Transitions \(Resource Download\)](#)

[Effective Calming Spaces \(Resource Download\)](#)

[Engaging All Learners \(Resource Download\)](#)

[Exploring Expectations \(Resource Download\)](#)

[Gathering Information from Families \(Resource Download\)](#)

[Getting Buy-In from Families \(Resource Download\)](#)

[Getting the Most from Your Visual Schedule \(Resource Download\)](#)

[A Guide to Common Behaviors: What to Expect in Group Care \(Resource Download\)](#)

[How to Build Resilience in Children and Youth \(Video Resource\)](#)

[How to Communicate Effectively with Parents \(Video Resource\)](#)

[Inclusion Checklist \(Resource Download\)](#)

[Infant Sensory Activities \(Video Resource\)](#)

[KIT Academy Coast Guard Manager's Permission Guide \(Resource Download\)](#)

[Lista Enumerada de Inclusion para Programas \(Resource Download\)](#)

[Managing Group Transitions \(Resource Download\)](#)

[Mental Health Basics \(Resource Download\)](#)

[Multi-Sensory Stories \(Video Resource\)](#)

[Preschool Conflict Resolution Guide and Tools \(Resource Download\)](#)

[Recolectando Informacion para Familias \(Resource Download\)](#)

[Reflect, Connect and Redirect \(Resource Download\)](#)

[Sample Behavior Plan \(Resource Download\)](#)

[Scripted Stories \(Video Resource\)](#)

[Sensory Paths \(Resource Download\)](#)

[Sensory Supports \(Resource Download\)](#)

[Setting the Stage for Friendships \(Resource Download\)](#)

[Simple Signs \(Resource Download\)](#)

[Spaces to Meet Sensory Needs \(Resource Download\)](#)

[Strength-Based Approach to Needs \(Resource Download\)](#)

[Supporting Children Who Are Non-Verbal \(Resource Download\)](#)

[Supporting Individuals with Autism Spectrum & Social Communication Disorders \(Resource Download\)](#)

[Supporting Toddler Emotional Development \(Resource Download\)](#)

[The Five Stages of Naptime Transition \(Resource Download\)](#)

[Transition Activities for Every Age \(Resource Download\)](#)

[Transitions Songs \(Video Resource\)](#)

[Types of Behavior Tip Sheet \(Resource Download\)](#)

[Understanding the KIT Support Pyramid \(Resource Download\)](#)

[Visual Supports \(Resource Download\)](#)