Military Course List

(Alphabetical)

(last update 4/23/2025)

Course links open to enrollment page in KIT Academy.

Learner must be signed-in

Contents

Courses 2

Downloadable Resources 14

Courses

3 Tips to Improve Conversations with Families

Accommodations: Reasonable or Fundamentally Altering?

Addressing Bullying

ADHD: A Parent's Perspective

ADHD: Myths Debunked

Air Force - Changing the Sensory Environment to Support Behavior

Air Force - Charting Your Inclusion Journey

Air Force - Classroom Management: Helping to Find the Balance

Air Force - Coaching To Support Inclusion

Air Force - CYP Site Visit Structure 2020

Air Force - Direct Care Staff Orientation to the Inclusion Process

Air Force - How to Use the Plan for Support Tool

Air Force - How to Write an Inclusion Support Plan

Air Force - Implementing Strategies

Air Force - Inclusion in Youth Sports

Air Force - Inclusion Support in Family Child Care

Air Force - Looking at Behavior: Using the Environmental Observation Tool

Air Force – Manager's Role in the Inclusion Process

Air Force - On the Same Page: How to Use the Support Tracker

Air Force - Parent-Initiated Pathway for Support

Air Force - Planning for Infant Development

Air Force - Planning Social-Emotional Supports

Air Force - Program-Initiated Pathway for Support

Air Force - Strength-Based Supervision: Supporting Staff

Air Force - The Complex Case: Working with Children with Multiple Needs

Air Force - The Shared Responsibility of Inclusion

Air Force - Understanding the Family Perspective

Air Force - Understanding the KIT Pyramid Model

Air Force - Using the Program Accommodations Tool

Air Force - Viewing Drives Doing: Using a Strength-Based Perspective

Air Force CYP - Using the Program-Initiated Path for Support

Applying the Support Pyramid to Air Force CYP

Army - How to Respond to Fighting in SAC & Youth Programs

Army - Implementing Strategies

Army - Inclusion in Youth Sports 01

Army - Persistent Behavior and Complex Medical Needs: Where do I Begin?

Army - Planning Social-Emotional Supports

Army - Strength-Based Supervision: Supporting Staff

Army - The Complex Case: Working with Children with Multiple Needs

Army - The Shared Responsibility of Inclusion

Army - Viewing Drives Doing: Using a Strength-Based Perspective

Army CYS - Case-by-Case Applying Behavior Support Tools

Army CYS Behavior Support Implementation Course 1: Introductory Module

Army CYS Behavior Support Implementation Course 2: Using the Plan for Support

Army CYS Behavior Support Implementation Course 3: How to Write a Behavior Support Plan

Army CYS Behavior Support Implementation Course 4: Leading the Behavior Support Process

Army CYS Operational Guidance for Behavior Support Files

Army Youth Programs: Inclusion in Youth Center Sports and Recreation Service Learning Area

Army Youth Programs: Strength-Based Supervision

Autism Questions Answered

Autism Supports - I Have the Will, Help Me with My Skill

Autism Supports - Let's Flex: Creating Space for Flexibility

Autism Supports - Say What I Feel: Linking Words to Body Signals

Back to Afterschool Series

Behavior Conversations: Can One Strategy Impact Many?

Behavior Conversations: Why is the Why Important?

Behavior: Avoidance or Attention Seeking?

Biting: The Developmental Stage

Building Supports Using the Pyramid Model

Caregiver's Journey- Navigating Wellbeing with Leadership Support

Celebrating Differences

Characteristics of Mental Health Challenges

Conflict Management for Teens and Tweens

Connect and Redirect: A Strategy to Support Behavior

Coping Skills for Tweens & Teens

Creating Movement Opportunities Indoors

Creative Expressions: Operational Guidance for Resiliency in Art Programming

Debunking the Myths of Inclusion

Debunking the Myths of Inclusion (2025)

De-escalating Teen Drama

De-escalation Techniques

Does Punishment Change Behavior?

Emotional Literacy for Infants and Toddlers

Emotional Literacy for Preschoolers

Emotional Literacy in School Age and Youth Programs

Empowering Caregivers: Leadership Strategies for Wellbeing

Exciting Ways to Engage Youth

Facilitating Peer Interactions

For All: Inclusive Youth Programs

Foundations of Inclusion eSeries Course 1 - The Value of Disability Inclusion (Formerly Introduction to Inclusion)

Foundations of Inclusion eSeries Course 2 - Respectful Accommodations

Foundations of Inclusion eSeries Course 3 - Viewing Behavior as Communication (Formerly Supporting Positive Behavior)

Foundations of Inclusion eSeries Course 4 - Partnering with Families

FUNctional Transition Activities

Growing Up with Autism

Guidance for Unsafe Situations

Guidance for Unsafe Situations (2024/2025)

Guidance for Unsafe Situations: Fast-Track Refresher

Guiding Tween and Teen Behavior

Helping Children & Youth Develop Coping Skills

Helping Staff Manage Expectations (Management)

I Can Be Inclusive Course 1: Inclusion 101

I Can Be Inclusive Course 2: Supportive Environments

I Can Be Inclusive Course 3: Communicating through Behavior

I Can Be Inclusive Course 4: Tips and Tools to Support Disability Inclusion

I Can Be Inclusive Course 5: Family Collaboration

I Want it Now...Impulse Control

Including Children & Youth with Significant Developmental Disabilities

Inclusion Action Team Orientation

Inclusion Guide Introduction: What Your Team Needs to Know

Inclusive Movement for School Age

Infant/Toddler Series: Activities that Support Social-Emotional Development

Infant/Toddler Series: Behavior and Emotions in the Toddler Years

Infant/Toddler Series: Harnessing the Power of Reflection

Infant/Toddler Series: Language and Processing in the Toddler Years

Infant/Toddler Series: Laying the Foundation for Social-Emotional Development

Infant/Toddler Series: Resources/Q&A

Infant/Toddler Series: Rock-a-Bye Baby – Comforting Infants throughout the Day

Infant/Toddler Series: Safe Ways to Meet the Need to Climb

Infant/Toddler Series: Sensory Activities

Interaction Series: Connecting with Your Co-Workers

KIT 101

KIT Academy Tour

Leadership Series: Building a Support Network

Leadership Series: Leveraging Your Resources

Leadership Series: Strengthening Relationships with and Among Staff

Making Connections: Promoting Health and Wellness in Youth Programs

Manager Permissions in KIT Academy

Managing a Preschool Group

Managing a School-Age Group

Managing Expectations in a Mixed-Age Preschool Classroom

Marine Corps - Changing the Sensory Environment to Support Behavior

Marine Corps - Classroom Management: Helping to Find the Balance

Marine Corps - Implementing Strategies

Marine Corps - Planning Social-Emotional Supports

Marine Corps - Strength-Based Supervision: Supporting Staff

Marine Corps - The Complex Case: Working with Children with Multiple Needs

Marine Corps - The Shared Responsibility of Inclusion

Marine Corps - Understanding the Family Perspective

Marine Corps - Understanding the KIT Pyramid Model

Marine Corps - Viewing Drives Doing: Using a Strength-Based Perspective

Mental Health Series: Checking on Yourself and Tapping into Motivation

Mental Health Series: Proactive Connection Practices

Mental Health Series: Space for Wellbeing

Mental Health Series: Supporting Children and Youth to Meet Expectations

Mental Health Series: The Current State of Child Mental Health

Middle School/Teen Series: Helping Teens with Disabilities Navigate the Dating World

Middle School/Teen Series: Resources/Q&A

Movin' on Up: Transition Tips, Templates and Best Practices

Moving Beyond "Use Your Words:" Supporting Expressive & Receptive Communication

Nature-Based Learning: Making Outdoor Spaces Appealing to Teens

Nature-Based Learning: More Than Just a School-Age Playground

Nature-Based Learning: Taking Learning Outdoors

Nature-Based Learning: Teaching Early Childhood Skills Outside

Navy - Changing the Sensory Environment to Support Behavior

Navy - Charting Your Inclusion Journey

Navy - Designing Individualized Accommodations

Navy - Direct Care Staff Orientation to the Inclusion Process

Navy - How to Use the Plan for Support Tool

Navy - How to Write an Inclusion Support Plan

Navy - Implementing Strategies

Navy - Inclusion Support in Family Child Care

Navy - Looking at Behavior: Using the Environmental Observation Tool

Navy – Manager's Role in the Inclusion Process

Navy - On the Same Page: How to Use the Support Tracker

Navy - Planning Social-Emotional Supports

Navy - Program Initiated Path for Support

Navy - Supporting Individual Needs in a Group Setting

Navy - The Complex Case: Working with Children with Multiple Needs

Navy - Using the Program Accommodations Tool

Navy - Viewing Drives Doing: Using a Strength-Based Perspective

Navy - Youth Sports & Fitness Coordinator Role in Inclusion

Navy CYP - Using the Program-Initiated Path for Support

Navy CYP Inclusion Support System Overview

Navy CYP Inclusion Support System Overview (Webinar Version)

Planning for Sensory Differences

Positive Interactions with Children & Youth

Preparing for Summer Environments

Preschool Circle Time

Preschool Conflict Resolution

Preschool Series: If Not You, Then Who? Real-World Advocacy

Preschool Series: Making Sense of the Sensory System

Preschool Series: Resources/Q&A

Preschool Series: Responding to Today's Child

Preschool Series: The Naptime Transition

Preschool Series: To Be (Or Not to Be) in Denial

Preschool Series: Why is it Hard to Support 3-Year-Olds?

Proactive Practices to Support Children and Youth

Programming for Social-Emotional Well-Being

Promoting Friendship Among All Students

Realistic Expectations Series: Supporting 3rd to 5th Graders to Succeed

Realistic Expectations Series: Supporting Kinders – 2nd Graders to Succeed

Realistic Expectations Series: Supporting Preschoolers to Succeed

Realistic Expectations Series: Supporting Toddlers to Succeed

Redirecting Challenging Behavior

Reigniting the Spark: Helping Staff Get Their Groove Back

Reimagining Play

Relationship-Based Behavior Support

Repairing Relationships After Harm Part 1

Repairing Relationships with Families – The Leadership Perspective

Repairing Relationships with Families – The Staff Perspective

School-Age Series: Afterschool and the IEP

School-Age Series: Conflict Resolution

School-Age Series: Making Behavior Support Plans Work for You

School-Age Series: Realistic Individual Supports for Your Program

School-Age Series: Resources/Q&A

School-Age Series: Teaching Youth to Respect Differences

Self-Regulation Series: Staying Grounded - Overview of Self-Regulation

Self-Regulation Series: Staying Grounded - Refueling for Improved Self-Regulation in School Age Care

Self-Regulation Series: Staying Grounded – Risk & Rewards for Middle Schoolers and Teens

Self-Regulation Series: Staying Grounded - Teaching Self-Regulation in Early Childhood Classrooms

Setting Realistic Expectations

Staff Empowerment Series: How to Convert Learning to Doing

Staff Empowerment Series: Uncovering Your Strengths and Opportunities

Staff Empowerment Series: Using Your Self-Regulation Skills to Respond to Behavior

Staying Motivated this Summer

Strategies to Prevent and Manage Elopement

Strategies for Supporting Children and Youth who are Nonverbal

Strengthening Staff Communication

Structuring Transitions to Support Learning

Successful Group Time for School-Age Children and Youth

Supporting Children and Youth in Family Child Care

Supporting Families of Children with Disabilities (Management)

Supporting Families through the Deployment Cycle

Supporting Inclusion in Summer Programs

Supporting Staff Roles in Inclusion

Supporting Tween & Teen Social-Emotional Development

System of Care

Talking with Staff about Normative Sexual Behavior: Early Childhood & School-Age

Talking with Staff about Normative Sexual Behavior: PreTeens & Teens

Taking Care of Yourself

Top 5 Trends in Disability Inclusion

Top Program Resources

Training & Curriculum Specialists' Guide to Coaching

Training of Trainers (ToT) for How to Use the Connect and Redirect Strategy

Understanding Autism

Understanding Brain Basics

Understanding Common Speech and Language Disorders

Understanding Teen & Tween Development

Understanding Visual and Auditory Disabilities

Unpacking behavior: Is it expected, challenging, concerning, or unsafe?

Using Playful Engagement to Enhance Social-Emotional Skills

Using Positive Reinforcement

Using Small Groups to Enhance Social-Emotional Skills

USMC - Accommodations Collaboration Team (ACT) Orientation

USMC - Behavior Support Process: Using Observation Tools to Identify Trends

USMC - Behavior Support Process: Using the Behavior Support Plan

USMC - Behavior Support Process: Using the Behavior Tracking Tool to Identify Trends

USMC – Coaching Tools: Observation Debrief Tool & Strategy Tracker

USMC - CYP Behavior Support Process: Overview

USMC - How to Write an Inclusion Support Plan

USMC - Inclusion Protocol Support Plans: Putting Action to Identified Needs

USMC - Using the Behavior Support Process in Family Child Care

What's that you say? Speech Language and Communication Basics

What's Trending in Youth Programs

Yoga in Your Program

Youth Leadership Series: Benefits of Youth Leadership

Youth Leadership Series: Empowering Youth Leaders

Youth Leadership Series: Engaging Youth Leaders

Downloadable Resources

5 Questions to Ask Families (Resource Download)

5 Questions to Ask Families In Action (Resource Download)

Apoyando el Desarrollo Emocional Nino Pequenos (Resource Download)

Attention Getters (Resource Download)

Behavior as Communication (Resource Download)

Building Strong Teams (Resource Download)

Burnout Series: 5 Phases of Burnout (video resource)

Burnout Series: Avoiding Burnout (video resource)

Burnout Series: Causes of Burnout (video resource)

Calming Tools (Resource Download)

Case-by-Case Checklist (Resource Download)

Case-by-Case Checklist How-To (Resource Download)

Caught Being Great (Resource Download)

Coaching for Implementation (Resource Download)

Communicating Your Commitment to Inclusion (Resource Download)

Connect & Redirect Play-by-Play (Resource Download)

Consejos Para Programas Inclusivos (Resource Download)

Contributing Factors Assessment (Resource Download)

Conversations with Families (Resource Download)

Conversations with Families Video (Resource Download)

Creando un Plan de Comportmiento Sencillo (Resource Download)

Creating a Simple Behavior Plan (Resource Download)

Cultivar Conocimiento Respetuoso En Relacion con Las Discapacidades (Resource Download)

Cultivate Respectful Disability Awareness (Resource Download)

Defining Expectations: Teaching Children What is Expected of Them (Resource Download)

Disability Accommodations (Resource Download)

Easing Transitions (Resource Download)

Effective Calming Spaces (Resource Download)

Engaging All Learners (Resource Download)

Es esta programa el lugar adecuado para mi hijo (Resource Download)

Examples of Possible Accommodations for Children and Youth with Disabilities (Resource Download)

Exploring Expectations (Resource Download)

Gathering Information from Families (Resource Download)

Getting Buy-In from Families (Resource Download)

Getting the Most from Your Visual Schedule (Resource Download)

How To Build Resilience Skills in Children and Youth (Resource Download)

How to Communicate Effectively with Parents (Resource Download)

How to Have an Inclusive Prom (Resource Download)

How to Implement Visual Supports for Activity Areas (Resource Download)

How to Use Pictures to Enhance Activities (Resource Download)

Implementing Strategies in the Classroom (Resource Download)

Inclusion Checklist (Resource Download)

Inclusive Program Goals (Resource Download)

Individual Sensory Activities (Resource Download)

Infant Sensory Activities (Resource Download)

Lista Enumerada de Inclusion para Promgramas (Resource Download)

Managing Group Transitions (Resource Download)

Masks: Engaging with Infants (Resource Download)

Mensajes de Programas Inclusivos (Resource Download)

Mental Health Basics (Resource Download)

Multi-Sensory Stories (Resource Download)

Perspective on Disability - Cara Liebowitz (Resource Download)

Recolectando Informacion para Familias (Resource Download)

Reflect, Connect & Redirect Tip Sheet (Resource Download)

Reflexion Guiada de Entrenamiento Necesario (Resource Download)

Respondiendo a Comportamientos Negativos (Resource Download)

Responding to Negative Behavior Tip Sheet (Resource Download)

Sample Behavior Plan (Resource Download)

Scripted Stories (Resource Download)

Self-Care Before, During, and After Work (Resource Download)

Sensory Paths (Resource Download)

Sensory Support - How to Accommodate Children Who are Over or Under-Sensitive (Resource Download)

Setting the Stage for Friendships (Resource Download)

Simple Signs (Resource Download)

Social Support - How to Facilitate Positive Interactions (Resource Download)

Spaces to Meet Sensory Needs (Resource Download)

Speaking with Families about Inclusion (Resource Download)

Strength-Based Approach to Needs (Resource Download)

Supporting Children Who Are Non-Verbal (Resource Download)

Supporting Positive Communication (Resource Download)

Supporting Toddler Emotional Development (Resource Download)

Supporting Virtual Learning for Students with IEPs (Resource Download)

Teaching Signs (Resource Download)

The Five Stages of Naptime Transition (Resource Download)

Top Tips for Inclusive Programs (Resource Download)

Training Needs Guided Reflection (Resource Download)

Transition Activities for Every Age (Resource Download)

Transition Songs (Resource Download)

Types of Behavior Tip Sheet (Resource Download)

Understanding the KIT Support Pyramid (Resource Download)

Using Relaxation Techniques (Resource Download)

Using Your Voice (Resource Download)

Visual Supports (Resource Download)