



## **Military Course List**

(By Category)

(last updated 4/23/25)

Course links open to enrollment page in KIT Academy.

Learner must be signed-in

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[Guidance for Unsafe Situations](#)

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[I Want it Now...Impulse Control](#)

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[Setting Realistic Expectations](#)

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[Supporting Inclusion in Summer Programs](#)

[Talking with Staff about Normative Sexual Behavior: Early Childhood & School-Age](#)

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[Unpacking behavior: Is it expected, challenging, concerning, or unsafe?](#)

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[USMC - CYP Behavior Support Process: Overview](#)

[USMC - How to Write an Inclusion Support Plan](#)

[USMC - Inclusion Protocol Support Plans: Putting Action to Identified Needs](#)

## **Downloadable Resources**

[Behavior as Communication \(Resource Download\)](#)

[Connect & Redirect Play-by-Play \(Resource Download\)](#)

[Creando un Plan de Comportamiento Sencillo \(Resource Download\)](#)

[Creating a Simple Behavior Plan \(Resource Download\)](#)

[Reflect, Connect & Redirect Tip Sheet \(Resource Download\)](#)

[Respondiendo a Comportamientos Negativos \(Resource Download\)](#)

[Responding to Negative Behavior Tip Sheet \(Resource Download\)](#)

[Sample Behavior Plan \(Resource Download\)](#)

[Supporting Positive Communication \(Resource Download\)](#)

[Types of Behavior Tip Sheet \(Resource Download\)](#)

[Using Your Voice \(Resource Download\)](#)

## **Development**

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[Air Force - Planning Social-Emotional Supports](#)

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[Biting: The Developmental Stage](#)

[Characteristics of Mental Health Challenges](#)

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[Infant/Toddler Series: Laying the Foundation for Social-Emotional Development](#)

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[Self-Regulation Series: Staying Grounded – Risk & Rewards for Middle Schoolers and Teens](#)

[Self-Regulation Series: Staying Grounded - Teaching Self-Regulation in Early Childhood Classrooms](#)

[Setting Realistic Expectations](#)

[Structuring Transitions to Support Learning](#)

[Supporting Tween & Teen Social-Emotional Development](#)

[Understanding Autism](#)

[Understanding Brain Basics](#)

[Understanding Common Speech and Language Disorders](#)

[Understanding Teen & Tween Development](#)

[Understanding Visual and Auditory Disabilities](#)

[Unpacking behavior: Is it expected, challenging, concerning, or unsafe?](#)

[What's that you say? Speech Language and Communication Basics](#)

## **Downloadable Resources**

[Sensory Support - How to Accommodate Children Who are Over or Under-Sensitive \(Resource Download\)](#)

## **Disability Topics**

[ADHD: A Parent's Perspective](#)

[ADHD: Myths Debunked](#)

[Air Force - The Complex Case: Working with Children with Multiple Needs](#)

[Army - The Complex Case: Working with Children with Multiple Needs](#)

[Autism Questions Answered](#)

[Autism Supports - I Have the Will, Help Me with My Skill](#)

[Autism Supports - Let's Flex: Creating Space for Flexibility](#)

[Autism Supports - Say What I Feel: Linking Words to Body Signals](#)

[For All: Inclusive Youth Programs](#)

[Growing Up with Autism](#)

[Including Children & Youth with Significant Developmental Disabilities](#)

[Marine Corps - The Complex Case: Working with Children with Multiple Needs](#)

[Navy - The Complex Case: Working with Children with Multiple Needs](#)

[Preschool Series: Making Sense of the Sensory System](#)

[Strategies for Supporting Children and Youth who are Nonverbal](#)

[Top 5 Trends in Disability Inclusion](#)

[Understanding Autism](#)

[Understanding Common Speech and Language Disorders](#)

[Understanding Visual and Auditory Disabilities](#)

## **Downloadable Resources**



[Disability Accommodations \(Resource Download\)](#)

[Es esta programa el lugar adecuado para mi hijo \(Resource Download\)](#)

[Examples of Possible Accommodations for Children and Youth with Disabilities \(Resource Download\)](#)

[Sensory Support - How to Accommodation Children Who are Over or Under-Sensitive \(Resource Download\)](#)

[Supporting Children Who Are Non-Verbal \(Resource Download\)](#)

## **Fostering Friendships**

[Army Youth Programs: Inclusion in Youth Center Sports and Recreation Service Learning Area](#)

[Facilitating Peer Interactions](#)

[Guiding Tween and Teen Behavior](#)

[Middle School/Teen Series: Helping Teens with Disabilities Navigate the Dating World](#)

[Positive Interactions with Children & Youth](#)

[Preschool Conflict Resolution](#)

[Promoting Friendship Among All Students](#)

[School-Age Series: Conflict Resolution](#)

[Using Small Groups to Enhance Social-Emotional Skills](#)

## **Downloadable Resources**

[Setting the Stage for Friendships \(Resource Download\)](#)

[Social Support - How to Facilitate Positive Interactions \(Resource Download\)](#)

## **Foundations of Inclusion eSeries**

[The Value of Disability Inclusion \(Course 1 in Foundations of Inclusion eSeries\) - Formerly Introduction to Inclusion](#)

[Respectful Accommodations \(Course 2 of Foundations of Inclusion eSeries\)](#)

[Viewing Behavior as Communication \(Course 3 of Foundations of Inclusion eSeries\) - Formerly Supporting Positive Behavior](#)

[Partnering with Families \(Course 4 Foundations of Inclusion eSeries\)](#)

## **Inclusion Basics**

[Air Force - Charting Your Inclusion Journey](#)

[Air Force - Direct Care Staff Orientation to the Inclusion Process](#)

[Air Force - How to Write an Inclusion Support Plan](#)

[Air Force - Inclusion in Youth Sports](#)

[Air Force - Inclusion Support in Family Child Care](#)

[Air Force – Manager’s Role in the Inclusion Process](#)

[Air Force - Parent-Initiated Pathway for Support](#)

[Air Force - Program-Initiated Pathway for Support](#)

[Air Force - Using the Program Accommodations Tool](#)

[Air Force CYP - Using the Program-Initiated Path for Support](#)

[Army - Inclusion in Youth Sports 01](#)

[Army Youth Programs: Inclusion in Youth Center Sports and Recreation Service Learning Area](#)

[Celebrating Differences](#)

[Debunking the Myths of Inclusion \(2025\)](#)

[For All: Inclusive Youth Programs](#)

[I Can Be Inclusive Course 1: Inclusion 101](#)

[I Can Be Inclusive Course 2: Supportive Environments](#)

[I Can Be Inclusive Course 3: Communicating through Behavior](#)

[I Can Be Inclusive Course 4: Tips and Tools to Support Disability Inclusion](#)

[I Can Be Inclusive Course 5: Family Collaboration](#)

[Including Children & Youth with Significant Developmental Disabilities](#)

[Inclusion Guide Introduction: What Your Team Needs to Know](#)

[Inclusive Movement for School Age](#)

[Moving Beyond "Use Your Words:" Supporting Expressive & Receptive Communication](#)

[Navy - Designing Individualized Accommodations](#)

[Navy - Direct Care Staff Orientation to the Inclusion Process](#)

[Navy - How to Write an Inclusion Support Plan](#)

[Navy - Inclusion Support in Family Child Care](#)

[Navy - Manager's Role in the Inclusion Process](#)

[Navy - Program Initiated Path for Support](#)

[Navy - Supporting Individual Needs in a Group Setting](#)

[Navy - Using the Program Accommodations Tool](#)

[Navy - Youth Sports & Fitness Coordinator Role in Inclusion](#)

[Navy CYP - Using the Program-Initiated Path for Support](#)

[Navy CYP Inclusion Support System Overview](#)

[Navy CYP Inclusion Support System Overview \(Webinar Version\)](#)

[Preschool Series: If Not You, Then Who? Real-World Advocacy](#)

[Promoting Friendship Among All Students](#)

[School-Age Series: Realistic Individual Supports for Your Program](#)

[School-Age Series: Teaching Youth to Respect Differences](#)

[Successful Group Time for School-Age Children and Youth](#)

[Supporting Children and Youth in Family Child Care](#)

[Supporting Inclusion in Summer Programs](#)

[Supporting Staff Roles in Inclusion](#)

[Top 5 Trends in Disability Inclusion](#)

[Training & Curriculum Specialists' Guide to Coaching](#)

[USMC – Coaching Tools: Observation Debrief Tool & Strategy Tracker](#)

[USMC - Inclusion Protocol Support Plans: Putting Action to Identified Needs](#)

[What's that you say? Speech Language and Communication Basics](#)

## **Downloadable Resources**

[Case-by-Case Checklist \(Resource Download\)](#)

[Case-by-Case Checklist How-To \(Resource Download\)](#)

[Communicating Your Commitment to Inclusion \(Resource Download\)](#)

[Consejos Para Programas Inclusivos \(Resource Download\)](#)

[Cultivar Conocimiento Respetuoso En Relacion con Las Discapacidades \(Resource Download\)](#)

[Cultivate Respectful Disability Awareness \(Resource Download\)](#)

[Engaging All Learners \(Resource Download\)](#)

[Getting the Most from Your Visual Schedule \(Resource Download\)](#)

[How to Have an Inclusive Prom \(Resource Download\)](#)

[How to Implement Visual Supports for Activity Areas \(Resource Download\)](#)

[How to Use Pictures to Enhance Activities \(Resource Download\)](#)

[Inclusion Checklist \(Resource Download\)](#)

[Inclusive Program Goals \(Resource Download\)](#)

[Lista Enumerada de Inclusion para Promgramas \(Resource Download\)](#)

[Mensajes de Programas Inclusivos \(Resource Download\)](#)

[Perspective on Disability - Cara Liebowitz \(Resource Download\)](#)

[Scripted Stories \(Resource Download\)](#)

[Simple Signs \(Resource Download\)](#)

[Supporting Virtual Learning for Students with IEPs \(Resource Download\)](#)

[Teaching Signs \(Resource Download\)](#)

[Top Tips for Inclusive Programs \(Resource Download\)](#)

[Visual Supports \(Resource Download\)](#)

# Management

[Accommodations: Reasonable or Fundamentally Altering?](#)

[Air Force - Changing the Sensory Environment to Support Behavior](#)

[Air Force - Charting Your Inclusion Journey](#)

[Air Force - Classroom Management: Helping to Find the Balance](#)

[Air Force - Coaching To Support Inclusion](#)

[Air Force - CYP Site Visit Structure 2020](#)

[Air Force - How to Use the Plan for Support Tool](#)

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[Air Force - Looking at Behavior: Using the Environmental Observation Tool](#)

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[Army - Persistent Behavior and Complex Medical Needs: Where do I Begin?](#)

[Air Force - Strength-Based Supervision: Supporting Staff](#)

[Air Force - The Shared Responsibility of Inclusion](#)

[Air Force - Understanding the Family Perspective](#)

[Air Force - Understanding the KIT Pyramid Model](#)

[Air Force - Using the Program Accommodations Tool](#)

[Air Force - Viewing Drives Doing: Using a Strength-Based Perspective](#)

[Applying the Support Pyramid to Air Force CYP](#)

[Army - Implementing Strategies](#)

[Army - Strength-Based Supervision: Supporting Staff](#)

[Army - The Shared Responsibility of Inclusion](#)

[Army - Viewing Drives Doing: Using a Strength-Based Perspective](#)

[Army CYS Operational Guidance for Behavior Support Files](#)

[Caregiver's Journey- Navigating Wellbeing with Leadership Support](#)

[Empowering Caregivers: Leadership Strategies for Wellbeing](#)

[Helping Staff Manage Expectations \(Management\)](#)

[Inclusion Action Team Orientation](#)

[Inclusion Guide Introduction: What Your Team Needs to Know](#)

[KIT 101](#)

[KIT Academy Tour](#)

[Leadership Series: Building a Support Network](#)

[Leadership Series: Leveraging Your Resources](#)

[Leadership Series: Strengthening Relationships with and Among Staff](#)

[Manager Permissions in KIT Academy](#)

[Marine Corps - Changing the Sensory Environment to Support Behavior](#)

[Marine Corps - Classroom Management: Helping to Find the Balance](#)

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[Navy - Youth Sports & Fitness Coordinator Role in Inclusion](#)

[Reigniting the Spark: Helping Staff Get Their Groove Back](#)

[Repairing Relationships After Harm Part 1](#)

[Repairing Relationships with Families – The Leadership Perspective](#)

[Staying Motivated this Summer](#)

[Strengthening Staff Communication](#)

[Supporting Families of Children with Disabilities \(Management\)](#)

[Supporting Staff Roles in Inclusion](#)

[System of Care](#)

[Talking with Staff about Normative Sexual Behavior: Early Childhood & School-Age](#)

[Talking with Staff about Normative Sexual Behavior: PreTeens & Teens](#)



## [Top Program Resources](#)

[Training & Curriculum Specialists' Guide to Coaching](#)

[Training of Trainers \(ToT\) for How to Use the Connect and Redirect Strategy](#)

## **Downloadable Resources**

[Building Strong Teams \(Resource Download\)](#)

[Coaching for Implementation \(Resource Download\)](#)

[Contributing Factors Assessment \(Resource Download\)](#)

[Exploring Expectations \(Resource Download\)](#)

[Implementing Strategies in the Classroom \(Resource Download\)](#)

[Reflexion Guiada de Entrenamiento Necesario \(Resource Download\)](#)

[Training Needs Guided Reflection \(Resource Download\)](#)

## **Movement & Play**

[Army - Inclusion in Youth Sports 01](#)

[Creating Movement Opportunities Indoors](#)

[Inclusive Movement for School Age](#)

[Infant/Toddler Series: Safe Ways to Meet the Need to Climb](#)

[Reimagining Play](#)

[Using Playful Engagement to Enhance Social-Emotional Skills](#)

[Yoga in Your Program](#)

## **Downloadable Resources**

[Individual Sensory Activities \(Resource Download\)](#)

[Infant Sensory Activities \(Resource Download\)](#)

[Sensory Paths \(Resource Download\)](#)

## **Parents and Families**

[3 Tips to Improve Conversations with Families](#)

[Air Force - Parent-Initiated Pathway for Support](#)

[Air Force - Understanding the Family Perspective](#)

[Marine Corps - Understanding the Family Perspective](#)

[Preschool Series: To Be \(Or Not to Be\) in Denial](#)

[Relationship-Based Behavior Support](#)

[Repairing Relationships with Families – The Leadership Perspective](#)

[Repairing Relationships with Families – The Staff Perspective](#)

[Supporting Families through the Deployment Cycle](#)

## **Downloadable Resources**

[5 Questions to Ask Families \(Resource Download\)](#)

[5 Questions to Ask Families In Action \(Resource Download\)](#)

[Conversations with Families \(Resource Download\)](#)

[Conversations with Families Video \(Resource Download\)](#)

[Gathering Information from Families \(Resource Download\)](#)

[Getting Buy-In from Families \(Resource Download\)](#)

[How to Communicate Effectively with Parents \(Resource Download\)](#)

[Recolectando Informacion para Familias \(Resource Download\)](#)

[Speaking with Families about Inclusion \(Resource Download\)](#)

## **Program Environment**

[Air Force - Changing the Sensory Environment to Support Behavior](#)

[Army Youth Programs: Strength-Based Supervision](#)

[Back to Afterschool Series](#)

[Creative Expressions: Operational Guidance for Resiliency in Art Programming](#)

[Exciting Ways to Engage Youth](#)

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[Movin' on Up: Transition Tips, Templates and Best Practices](#)

[Nature-Based Learning: Making Outdoor Spaces Appealing to Teens](#)

[Nature-Based Learning: More Than Just a School-Age Playground](#)

[Nature-Based Learning: Taking Learning Outdoors](#)

[Nature-Based Learning: Teaching Early Childhood Skills Outside](#)

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[Realistic Expectations Series: Supporting Preschoolers to Succeed](#)

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[Realistic Expectations Series: Supporting 3rd to 5th Graders to Succeed](#)

[Strategies to Prevent and Manage Elopement](#)

[Supporting Children and Youth in Family Child Care](#)

[What's Trending in Youth Programs](#)

[Youth Leadership Series: Benefits of Youth Leadership](#)

[Youth Leadership Series: Empowering Youth Leaders](#)

[Youth Leadership Series: Engaging Youth Leaders](#)

## **Downloadable Resources**

[Calming Tools \(Resource Download\)](#)

[Spaces to Meet Sensory Needs \(Resource Download\)](#)

[Effective Calming Spaces \(Resource Download\)](#)

## **Social-Emotional Support**

[Air Force - Planning Social-Emotional Supports](#)

[Army - Planning Social-Emotional Supports](#)

[Characteristics of Mental Health Challenges](#)

[Conflict Management for Teens and Tweens](#)

[Connect and Redirect: A Strategy to Support Behavior](#)

[Coping Skills for Tweens & Teens](#)

[Creative Expressions: Operational Guidance for Resiliency in Art Programming](#)

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[Infant/Toddler Series: Harnessing the Power of Reflection](#)

[Infant/Toddler Series: Laying the Foundation for Social-Emotional Development](#)

[Infant/Toddler Series: Rock-a-Bye Baby – Comforting Infants throughout the Day](#)

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[Mental Health Series: Proactive Connection Practices](#)

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[Mental Health Series: The Current State of Child Mental Health](#)

[Middle School/Teen Series: Helping Teens with Disabilities Navigate the Dating World](#)

[Navy - Planning Social-Emotional Supports](#)

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[Preschool Series: Responding to Today's Child](#)

[Proactive Practices to Support Children and Youth](#)

[Programming for Social-Emotional Well-Being](#)

[School-Age Series: Conflict Resolution](#)

[School-Age Series: Teaching Youth to Respect Differences](#)

[Self-Regulation Series: Staying Grounded - Overview of Self-Regulation](#)

[Self-Regulation Series: Staying Grounded - Refueling for Improved Self-Regulation in School Age Care](#)

[Self-Regulation Series: Staying Grounded – Risk & Rewards for Middle Schoolers and Teens](#)

[Self-Regulation Series: Staying Grounded - Teaching Self-Regulation in Early Childhood Classrooms](#)

[Supporting Tween & Teen Social-Emotional Development](#)

[Using Playful Engagement to Enhance Social-Emotional Skills](#)

[Using Small Groups to Enhance Social-Emotional Skills](#)

[What's Trending in Youth Programs](#)

[Yoga in Your Program](#)

[Youth Leadership Series: Benefits of Youth Leadership](#)

[Youth Leadership Series: Empowering Youth Leaders](#)

[Youth Leadership Series: Engaging Youth Leaders](#)

## **Downloadable Resources**

[Apoymando el Desarrollo Emocional Nino Pequenos \(Resource Download\)](#)

[Defining Expectations: Teaching Children What is Expected of Them \(Resource Download\)](#)

[How To Build Resilience Skills in Children and Youth \(Resource Download\)](#)

[Mental Health Basics \(Resource Download\)](#)

[Supporting Toddler Emotional Development \(Resource Download\)](#)

[Using Relaxation Techniques \(Resource Download\)](#)

## **Staff Resources**

[3 Tips to Improve Conversations with Families](#)

[Air Force - Classroom Management: Helping to Find the Balance](#)

[Air Force - Direct Care Staff Orientation to the Inclusion Process](#)

[Air Force - How to Use the Plan for Support Tool](#)

[Air Force - How to Write an Inclusion Support Plan](#)

[Air Force - On the Same Page: How to Use the Support Tracker](#)

[Army CYS - Case-by-Case Applying Behavior Support Tools](#)

[Army CYS Behavior Support Implementation Course 1: Introductory Module](#)

[Army CYS Behavior Support Implementation Course 2: Using the Plan for Support](#)

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[Army CYS Behavior Support Implementation Course 4: Leading the Behavior Support Process](#)

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[Exciting Ways to Engage Youth](#)

[FUNctional Transition Activities](#)

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[Interaction Series: Connecting with Your Co-Workers](#)

[Marine Corps - Classroom Management: Helping to Find the Balance](#)

[Mental Health Series: Checking on Yourself and Tapping into Motivation](#)

[Mental Health Series: Proactive Connection Practices](#)

[Mental Health Series: Space for Wellbeing](#)

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[Navy - How to Write an Inclusion Support Plan](#)

[Navy - On the Same Page: How to Use the Support Tracker](#)

[Preschool Series: Resources/Q&A](#)

[Repairing Relationships with Families – The Staff Perspective](#)



[School-Age Series: Making Behavior Support Plans Work for You](#)

[School Age Series: Resources/Q&A](#)

[Staff Empowerment Series: How to Convert Learning to Doing](#)

[Staff Empowerment Series: Uncovering Your Strengths and Opportunities](#)

[Staff Empowerment Series: Using Your Self-Regulation Skills to Respond to Behavior](#)

[Staying Motivated this Summer](#)

[System of Care](#)

[Taking Care of Yourself](#)

[Top Program Resources](#)

[USMC - Accommodations Collaboration Team \(ACT\) Orientation](#)

[USMC - How to Write an Inclusion Support Plan](#)

[USMC - Using the Behavior Support Process in Family Child Care](#)

## **Downloadable Resources**

[Burnout Series: 5 Phases of Burnout \(video resource\)](#)

[Burnout Series: Avoiding Burnout \(video resource\)](#)

[Burnout Series: Causes of Burnout \(video resource\)](#)

[Caught Being Great \(Resource Download\)](#)

[Easing Transitions \(Resource Download\)](#)

[Masks: Engaging with Infants \(Resource Download\)](#)

[Self-Care Before, During, and After Work \(Resource Download\)](#)

[Strength-Based Approach to Needs \(Resource Download\)](#)

[Understanding the KIT Support Pyramid \(Resource Download\)](#)

## **Transitions and Activities**

[FUNctional Transition Activities](#)

[Infant/Toddler Series: Sensory Activities](#)

[Making Connections: Promoting Health and Wellness in Youth Programs](#)

[Mental Health Series: Supporting Children and Youth to Meet Expectations](#)

[Movin' on Up: Transition Tips, Templates and Best Practices](#)

[Preparing for Summer Environments](#)

[Preschool Circle Time](#)

[Preschool Series: The Naptime Transition](#)

[Successful Group Time for School-Age Children and Youth](#)

### **Downloadable Resources**

[Attention Getters \(Resource Download\)](#)

[Managing Group Transitions \(Resource Download\)](#)

[Multi-Sensory Stories \(Resource Download\)](#)

[The Five Stages of Naptime Transition \(Resource Download\)](#)

[Transition Activities for Every Age \(Resource Download\)](#)

[Transition Songs \(Resource Download\)](#)