



## **Coast Guard Course List**

(By Category)

(last updated 8/9/2024)

Course links open to enrollment page in KIT Academy.

Learner must be signed in.

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# Behavior

[Behavior Conversations: Can One Strategy Impact Many?](#)

[Behavior Conversations: Is My Bias Getting in the Way?](#)

[Behavior Conversations: Why is the Why Important?](#)

[Biting: The Developmental Stage](#)

[Connect and Redirect: A Strategy to Support Behavior](#)

[Culturally Responsive Behavior Support Practices](#)

[Does Punishment Change Behavior?](#)

[Foundations of Behavior Support](#)

[Guidance for Unsafe Situations](#)

[Infant/Toddler Series: Behavior and Emotions in the Toddler Years](#)

[Planning for Sensory Differences](#)

[Preschool Series: The Naptime Transition](#)

[Reinforcement Realities: Identify & Apply](#)

[Relationship-Based Behavior Support](#)

[Supporting Inclusion in Summer Programs](#)

[Talking with Staff about Normative Sexual Behavior: Early Childhood & School-Age](#)

[Talking with Staff about Normative Sexual Behavior: PreTeens & Teens](#)

[Unpacking Behavior: Is it expected, challenging, concerning or unsafe?](#)

## **Downloadable Resources**

[Behavior as Communication \(Video Resource\)](#)

[Caught Being Great \(Resource Download\)](#)

[De-escalating Unsafe Behaviors \(Resource Download\)](#)

[Reflect, Connect and Redirect \(Resource Download\)](#)

[Sample Behavior Plan \(Resource Download\)](#)

[Types of Behavior Tip Sheet \(Resource Download\)](#)

## Development

[Biting: The Developmental Stage](#)

[Culturally Responsive Behavior Support Practices](#)

[Does Punishment Change Behavior?](#)

[Infant/Toddler Series: Activities that Support Social-Emotional Development](#)

[Infant/Toddler Series: Behavior and Emotions in the Toddler Years](#)

[Infant/Toddler Series: Harnessing the Power of Reflection](#)

[Infant/Toddler Series: Language and Processing in the Toddler Years](#)

[Infant/Toddler Series: Laying the Foundation for Social-Emotional Development](#)

[Infant/Toddler Series: Rock-a-Bye Baby – Comforting Infants throughout the Day](#)

[Infant/Toddler Series: Safe Ways to Meet the Need to Climb](#)

[Moving Beyond "Use Your Words:" Supporting Expressive & Receptive Communication](#)

[Planning for Sensory Differences](#)

[Realistic Expectations Series: Supporting Toddlers to Succeed](#)

[Realistic Expectations Series: Supporting Preschoolers to Succeed](#)

[Realistic Expectations Series: Supporting Kinders – 2nd Graders to Succeed](#)

[Realistic Expectations Series: Supporting 3rd to 5th Graders to Succeed](#)

[Realistic Expectations Series: Supporting Children and Youth to Succeed](#)

[Self-Regulation Series: Staying Grounded - Refueling for Improved Self-Regulation in School Age Care](#)

[Self-Regulation Series: Staying Grounded – Risk & Rewards for Middle Schoolers and Teens](#)

[Self-Regulation Series: Staying Grounded - Teaching Self-Regulation in Early Childhood Classrooms](#)

[Structuring Transitions to Support Learning](#)

[Understanding Common Speech and Language Disorders](#)

[Unpacking Behavior: Is it expected, challenging, concerning or unsafe?](#)

[What's that you say? Speech Language and Communication Basics](#)

## Disability Topics

[Autism Supports - I Have the Will, Help Me with My Skill](#)

[Autism Supports - Let's Flex: Creating Space for Flexibility](#)

[Autism Supports - Say What I Feel: Linking Words to Body Signals](#)

[Understanding Common Speech and Language Disorders](#)

## **Downloadable Resources**

[Celebrating Diversity with Teens \(Resource Download\)](#)

[Cultivate Respectful Disability Awareness \(Resource Download\)](#)

[Disability Accommodations \(Resource Download\)](#)

[Mental Health Basics \(Resource Download\)](#)

[Simple Signs \(Resource Download\)](#)

[Supporting Children Who Are Non-Verbal \(Resource Download\)](#)

[Supporting Individuals with Autism Spectrum & Social Communication Disorders \(Resource Download\)](#)

## Foundations of Inclusion eSeries

[Foundations of Inclusion eSeries Course 1: The Value of Disability Inclusion - Formerly Introduction to Inclusion](#)

[Foundations of Inclusion eSeries Course 2: Respectful Accommodations](#)

[Foundations of Inclusion eSeries Course 3: Viewing Behavior as Communication - Formerly Supporting Positive Behavior](#)

[Foundations of Inclusion eSeries Course 4: Partnering with Families](#)

## Inclusion Basics

[Celebrating Differences](#)

[Moving Beyond "Use Your Words:" Supporting Expressive & Receptive Communication](#)

[Ready, Set, Summer On Demand Series](#)

[Supporting Inclusion in Summer Programs](#)

[Training & Curriculum Specialists' Guide to Coaching](#)

[What's that you say? Speech Language and Communication Basics](#)

## **Downloadable Resources**

[Calming Tools \(Resource Download\)](#)

[Case-by-Case Checklist \(Resource Download\)](#)

[Case-by-Case Checklist How-To \(Video Resource\)](#)

[Celebrating Diversity with Teens \(Resource Download\)](#)

[Disability Accommodations \(Resource Download\)](#)

[Effective Calming Spaces \(Resource Download\)](#)

[Gathering Information from Families \(Resource Download\)](#)

[Getting the Most from Your Visual Schedule \(Resource Download\)](#)

[Inclusion Checklist \(Resource Download\)](#)

[Lista Enumerada de Inclusion para Programas \(Resource Download\)](#)

[Managing Group Transitions \(Resource Download\)](#)

[Scripted Stories \(Video Resource\)](#)

[Sensory Supports \(Resource Download\)](#)

[Spaces to Meet Sensory Needs \(Resource Download\)](#)

[Visual Supports \(Resource Download\)](#)

## **Management**

[Accommodations: Reasonable or Fundamentally Altering?](#)

[Effective Implementation](#)

[KIT 101](#)

[KIT Academy Instruction Course for 'Manager Permissions'](#)

[Leadership Series: Building a Support Network](#)

[Leadership Series: Leveraging Your Resources](#)

[Leadership Series: Strengthening Relationships with and Among Staff](#)

[Repairing Relationships After Harm Part 1](#)

[Repairing Relationships After Harm Part 2](#)

[Talking with Staff about Normative Sexual Behavior: Early Childhood & School-Age](#)

[Talking with Staff about Normative Sexual Behavior: PreTeens & Teens](#)

[Training & Curriculum Specialists' Guide to Coaching](#)

### **Downloadable Resources**

[Building Strong Teams \(Resource Download\)](#)

[Case-by-Case Checklist How To \(Video Resource\)](#)

[Coaching for Implementation \(Resource Download\)](#)

[Contributing Factors Assessment \(Resource Download\)](#)

[Contributing Factors Assessment How To \(Video Resource\)](#)

[Cultivate Respectful Disability Awareness \(Resource Download\)](#)

[Exploring Expectations \(Resource Download\)](#)

[Inclusion Checklist \(Resource Download\)](#)

[KIT Academy Coast Guard Manager's Permission \(Resource Download\)](#)

[Lista Enumerada de Inclusion para Programas \(Resource Download\)](#)

[Sample Behavior Plan \(Resource Download\)](#)

[Strength-Based Approach to Needs \(Resource Download\)](#)

[Understanding the KIT Support Pyramid \(Resource Download\)](#)

## Movement and Play

[Infant/Toddler Series: Safe Ways to Meet the Need to Climb](#)

[Using Playful Engagement to Enhance Social-Emotional Skills](#)

### **Downloadable Resources**

[Infant Sensory Activities \(Video Resource\)](#)

[Sensory Paths \(Resource Download\)](#)

[Spaces to Meet Sensory Needs \(Resource Download\)](#)

## Parents and Families

[Foundations of Inclusion eSeries Course 4: Partnering with Families](#)

[Relationship-Based Behavior Support](#)

### **Downloadable Resources**

[5 Questions to Ask Families \(Resource Download\)](#)

[5 Questions to Ask Families In Action \(Video Resource\)](#)

[Conversations with Families \(Resource Download\)](#)

[Conversations with Families Video \(Video Resource\)](#)

[Gathering Information from Families \(Resource Download\)](#)

[Getting Buy-In from Families \(Resource Download\)](#)

[How to Communicate Effectively with Parents \(Video Resource\)](#)



[Recolectando Informacion para Familias \(Resource Download\)](#)

## Program Environment

[Realistic Expectations Series: Supporting Toddlers to Succeed](#)

[Realistic Expectations Series: Supporting Preschoolers to Succeed](#)

[Realistic Expectations Series: Supporting Kinders – 2nd Graders to Succeed](#)

[Realistic Expectations Series: Supporting 3rd to 5th Graders to Succeed](#)

[Realistic Expectations Series: Supporting Children and Youth to Succeed](#)

## **Downloadable Resources**

[Calming Tools \(Resource Download\)](#)

[Contributing Factors Assessment \(Resource Download\)](#)

[Effective Calming Spaces \(Resource Download\)](#)

[Sensory Supports \(Resource Download\)](#)

[Spaces to Meet Sensory Needs \(Resource Download\)](#)

[Understanding the KIT Support Pyramid \(Resource Download\)](#)

[Visual Supports \(Resource Download\)](#)

## Social-Emotional Support

[Connect and Redirect: A Strategy to Support Behavior](#)

[Emotional Literacy for Infants and Toddlers](#)

[Emotional Literacy for Preschoolers](#)

[Emotional Literacy in School Age and Youth Programs](#)

[Infant/Toddler Series: Activities that Support Social-Emotional Development](#)

[Infant/Toddler Series: Behavior and Emotions in the Toddler Years](#)

[Infant/Toddler Series: Harnessing the Power of Reflection](#)

[Infant/Toddler Series: Language and Processing in the Toddler Years](#)

[Infant/Toddler Series: Laying the Foundation for Social-Emotional Development](#)

[Infant/Toddler Series: Rock-a-Bye Baby – Comforting Infants throughout the Day](#)

[Mental Health Series: Checking on Yourself and Tapping into Motivation](#)

[Mental Health Series: Proactive Connection Practices](#)

[Mental Health Series: Space for Wellbeing](#)

[Mental Health Series: Supporting Children and Youth to Meet Expectations](#)

[Mental Health Series: The Current State of Child Mental Health](#)

[Programming for Social-Emotional Well-Being](#)

[Reinforcement Realities: Identify & Apply](#)

[Self-Regulation Series: Staying Grounded - Overview of Self-Regulation](#)

[Self-Regulation Series: Staying Grounded - Refueling for Improved Self-Regulation in School Age Care](#)

[Self-Regulation Series: Staying Grounded - Teaching Self-Regulation in Early Childhood Classrooms](#)

[Self-Regulation Series: Staying Grounded – Risk & Rewards for Middle Schoolers and Teens](#)

[Using Playful Engagement to Enhance Social-Emotional Skills](#)

## **Downloadable Resources**

[Calming Tools \(Resource Download\)](#)

[Effective Calming Spaces \(Resource Download\)](#)

[How to Build Resilience in Children and Youth \(Video Resource\)](#)

[Preschool Conflict Resolution Guide and Tools \(Resource Download\)](#)

[Reflect, Connect, and Redirect \(Resource Download\)](#)

[Scripted Stories \(Video Resource\)](#)

[Setting the Stage for Friendships \(Resource Download\)](#)

[Spaces to Meet Sensory Needs \(Resource Download\)](#)

[Supporting Toddler Emotional Development \(Resource Download\)](#)

## Staff Resources

[Interaction Series: Connecting with Your Co-Workers](#)

[Mental Health Series: Checking on Yourself and Tapping into Motivation](#)

[Mental Health Series: Proactive Connection Practices](#)

[Mental Health Series: Space for Wellbeing](#)

[Ready, Set, Summer On Demand Series](#)

## **Downloadable Resources**

[Burnout Series: 5 Phases of Burnout \(Video Resource\)](#)

[Burnout Series: Avoiding Burnout \(Video Resource\)](#)

[Burnout Series: Causes of Burnout \(Video Resource\)](#)

[Conversations with Families \(Resource Download\)](#)

[De-Escalating Unsafe Behaviors \(Resource Download\)](#)

[Easing Transitions \(Resource Download\)](#)

[KIT Academy Coast Guard Manager's Permission Guide \(Resource Download\)](#)

[Mental Health Basics \(Resource Download\)](#)

[Strength-Based Approach to Needs \(Resource Download\)](#)

[Understanding the KIT Support Pyramid \(Resource Download\)](#)

## Transitions and Activities

[Mental Health Series: Supporting Children and Youth to Meet Expectations](#)

[Preschool Series: The Naptime Transition](#)

[Structuring Transitions to Support Learning](#)

### **Downloadable Resources**

[Attention Getters \(Resource Download\)](#)

[Easing Transitions \(Resource Download\)](#)

[Engaging All Learners \(Resource Download\)](#)

[Getting the Most from Your Visual Schedule \(Resource Download\)](#)

[Managing Group Transitions \(Resource Download\)](#)

[Multi-Sensory Stories \(Video Resource\)](#)

[The Five Stages of Naptime Transition \(Resource Download\)](#)

[Transition Activities for Every Age \(Resource Download\)](#)

[Transition Songs \(Resource Download\)](#)

[Transitions Songs \(Video Resource\)](#)